

10629NAT Diploma Of Professional Dance Performance for Aboriginal and Torres Strait Islander Peoples

Welcome

Welcome to NAISDA Dance College, proudly dancing on Darkinjung land.

The 10629NAT Diploma Of Professional Dance Performance for Aboriginal and Torres Strait Islander Peoples is your next step into the world of professional dance and the creative and cultural arts industries.

Interested?

This course is designed for Aboriginal and Torres Strait Islander peoples between 16-26 years of age who have had extensive professional dance or cultural training and have a passion for dance and culture.

At NAISDA we call our students 'Developing Artists', or 'DAs' for short, because our course supports the growth and development of young professional artists. This course further builds on the developing skills in Certificate IV and provides DAs with a wide range of future career possibilities.

If you have professional dance training, a love of dance, an interest in studying a wide range of techniques and culture, and are dreaming of becoming a professional dancer or cultural arts industry professional, this course is for you.

What will I study?

You will master skills and knowledge in the following areas of study:

- Develop expert skills and knowledge around Aboriginal and Torres Strait Islander cultural dance and song
- Apply Aboriginal and Torres Strait Islander cultural knowledge systems in the development of creative works and in cultural arts practices
- Provide leadership at cultural residencies at NAISDA and on Country
- Further develop technical skills in contemporary dance forms Contemporary Indigenous Dance technique, Horton technique and Release technique, along with Urban Jazz and Ballet
- Maintain professional body conditioning practices to prepare for professional dance
- Master storytelling skills in Physical Theatre
- Choreograph a major work
- Compose electronic music
- Produce a dance film
- Explore your options in the professional dance industry
- Engage in an Audition experience
- Develop Industry paperwork bios, show reel etc.



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Full time enrolment

You'll be enrolled in a **full time** course. That means you will come to College every day.

An overview of a typical week looks like this:

• Full year course: Training starts in February and ends in December each year.

• Days: Monday - Friday

• Times: 8.30am - 4.45pm every day

• Classes: Four (4) classes per day plus Warm Up every morning

• Class length: 1.5 hours

Term breaks: 2-week break

Training Locations and Modes

You'll also train in different locations throughout the year.

On Campus:

NAISDA Dance College, Kariong, NSW

Off Campus:

- Each year you'll go on Cultural Residency on Country, alternating between North East Arnhem Land, Northern Territory and the Torres Strait Islands, Queensland.
- You'll also attend excursions, watch live performances and engage in cultural experiences.
- You will perform the End of Year Show in a professional theatre.

Delivery Modes:

• On campus, off campus, face-to-face and online





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What's a year look like at NAISDA?

At NAISDA the year is broken into four (4) terms, following the NSW School holiday dates. Each term is 10-weeks long. At the end of Terms 1, 2, 3 there is a 2-week break. At the end of Term 4 is the Christmas break.

Overview of a year

Term	Months	Highlights of the term	Term break	
Term	February – April	Week 1 – Cultural Residency at NAISDA	2-week holiday	
1				
Term	May – July	Week 10 – Mid Year Event	2-week holiday	
2				
Term	July – September	Week 6 - Cultural Residency on Country	2-week holiday	
3		• Weeks 8 & 9 - Major choreographic composition		
		& Assessments		
Term	October –	Weeks 6 - 8 - End of Year Rehearsals	Christmas	
4	December	Week 9 - End of Year Performance	holidays	





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The official stuff

To achieve the qualification the DA must complete sixteen (16) units:

- Fifteen (15) core units; and
- One (1) elective unit

Some units are delivered across four (4) terms, others are completed in less. If you don't complete the full qualification you will receive a *Statement of Attainment* for the units you have completed. Some units are delivered across the four terms, others are completed in less.

Refer to the chart below for further details:

Core Units

Code & Unit of Competency	Hours	Term 1	Term2	Term3	Term4
PDPDCK501 Supervise and lead Aboriginal or Torres Strait Islander cultures and dance	60	х			
PDPDCK502 Lead a group in performance of Aboriginal or Torres Strait Islander cultures and dance on Country	60			x	
PDPDCK503 Recognise and respond to cultural protocols in cultural dance repertoire	60	х	х	x	х
PDPDTC501 Refine Contemporary Indigenous Dance repertoire	75	х	x	x	х
PDPDTC502 Refine contemporary dance in an Aboriginal or Torres Strait Islander context	150	х	х	х	х
PDPDTC503 Refine contemporary urban dance in an Aboriginal or Torres Strait Islander context	150	х	x	х	х
CUADAN408 Develop expertise in ballet technique	80	х	х	х	х
PDPIAP501 Analyse and explore the choreographic process in an Aboriginal or Torres Strait Islander context	50	x	x	x	
PDPIAP502 Demonstrate professional engagement in performance and production	100		х	х	х
CUAWHS501 Maintain a high level of fitness for performance	80	х	х	х	x
PDPCSD501 Refine physical theatre skills	60	х	х	х	
PDPCSD502 Produce and direct Dancefilm	80	х	х	х	
CUAMCP501 Compose music using electronic media		х	х	х	
CUAPRF304 Develop audition techniques	25	Х	х	х	
CUAIND502 Maintain and apply creative arts industry knowledge	50	х	х	х	





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Elective Units

Electives	Hours	Term 1	Term2	Term3	Term4
CUACHR501 Create and perform complex dance pieces	60		х	x	
PDPDCK504 Research My Mob with <i>Dadirri</i> and critical thinking	70				

- Notes on Theory: At NAISDA, 'theory' means the knowledge you need to successfully complete each unit.
- Notes on the Assessment period: In the final weeks of Term 3, you'll be assessed on your dance technique, perform routines and your group-devised physical theatre performance. You'll also hand in your Dancefilm, music and any missing theory tasks.





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Do I just learn dance?

You'll receive professional Cultural and Contemporary dance training, and engage in Masterclasses with leading choreographers. You'll produce a Dancefilm, go on Cultural Residencies, develop, rehearse and perform your own choreography and more. Below is an overview of breakdown of hours for the Diploma units:



- PDPDCK501 Supervise and lead Aboriginal or Torres Strait Islander cultures and dance
- PDPDCK502 Lead a group in performance of Aboriginal or Torres Strait Islander cultures and dance on Country
- PDPDCK503 Recognise and respond to cultural protocols in cultural dance repertoire
- PDPDTC501 Refine Contemporary Indigenous Dance repertoire
- PDPDTC502 Refine contemporary dance in an Aboriginal or Torres Strait Islander context
- PDPDTC503 Refine contemporary urban dance in an Aboriginal or Torres Strait Islander context
- CUADAN408 Develop expertise in ballet technique
- PDPIAP501 Analyse and explore the choreographic process in an Aboriginal or Torres
 Strait Islander context
- PDPIAP502 Demonstrate professional engagement in performance and production
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What's a typical training week look like?

Every week you'll study Cultural Dance, Contemporary Indigenous Dance (CID), Horton technique, Urban Jazz, Hip Hop and Ballet. You'll also do Yoga or Pilates. You'll create your own major choreographic composition, produce a Dancefilm, compose electronic Music. Some days you'll do theory. You'll prepare for a career in the cultural and creative arts industries. You'll go into rehearsal and performance mode preparing for the Mid Year Event and End of Year Show.

A sample of a typical week at NAISDA for Diploma

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.30am –	Gathering	Body Conditioning -	Body Conditioning -	Body Conditioning -	Body
9.25am		Muscle & Bone	Yoga	Muscle release	Conditioning -
	Fire Circle/				Yoga
	Studio 1 and 2	Studio 1 & 2	Studio 1 & 2	Studio 1 & 2	Studio 1 & 2
9.30am -	Physical Theatre	Contemporary Dance	Cultural Repertoire	Hip Hop	Physical Theatre
11.00am		– CID Technique			
	Studio 3	Studio 3	Nhangara Barayi –	Studio 1 & 2	Studio 2
			NAISDA Dance Ground		_
11.15am –	Нір Нор	Urban Dance	Cultural Dance	Contemporary Dance -	Dance Film
12.45pm				Horton Technique	
	Studio 1	Studio 4	Nhangara Barayi –	Studio 2	Mac Lab
			NAISDA Dance Ground		
12.45pm –	Lunch	Lunch	Lunch	Lunch	Lunch
1.30pm					
1.30pm –	Contemporary	Dance Composition	Music	Industry Studies	Urban Dance
3.00pm	Dance - Theory				
	Computer Room	Computer Room	Mac Lab	Mac Lab	Sttudio 1
3.15 -	Ballet	Body Conditioning –	Contemporary Dance	Ballet Theory	Auditions
4.45pm		Pilates	- Horton Technique		
	Studio 3	Pilates	Studio 2	Computer Room	Computer Room

Further questions?

• Please refer to the Study Guide for further information https://naisda.com.au/study_guide_/

Contact: Youth Engagement Officer Celeste Uerata

• Email: <u>auditions@naisda.com.au</u>

• **Phone:** 1800 117 116

