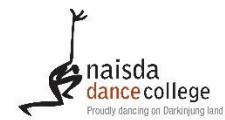


## Course Information

# 10628NAT Certificate IV Dance Practice for Aboriginal and Torres Strait Islander Peoples



## Welcome

Welcome to NAISDA Dance College, proudly dancing on Darkinjung land.

The **10628NAT Certificate IV Dance Practice for Aboriginal and Torres Strait Islander Peoples** qualification is your next step into the world of professional dance and the creative and cultural arts industries.

## Interested?

This course is designed for Aboriginal and Torres Strait Islander peoples between 16-26 years of age, with prior dance or cultural training and a passion for dance and culture.

At NAISDA we call our students 'Developing Artists', or 'DAs' for short, because our course supports the growth and development of young professional artists. This course further builds on the foundation skills from the Certificate III qualification and provides DAs with a wide range of possibilities. If you have foundation dance skills, a love of dance, an interest in studying a wide range of techniques, and are dreaming of becoming a professional dancer, this course is for you.

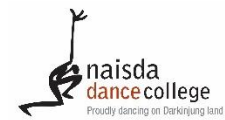
## What will I study?

**You will deepen skills and knowledge in the following areas of study:**

- Develop further skills and knowledge around Aboriginal and Torres Strait Islander cultural dance and song
- Deepen understanding of Aboriginal and Torres Strait Islander cultural knowledge systems
- Explore Aboriginal and Torres Strait Islander cultural arts practices
- Deepen experience of cultural residencies at NAISDA and on Country
- Broaden personal research and see where you connect to your mob, your community and the broader contemporary political landscape
- Further develop technical skills in contemporary dance forms - Contemporary Indigenous Dance technique, Horton technique and Release technique, along with Urban Jazz and Ballet
- Expand knowledge of how to condition your body for professional dance training
- Deepen storytelling skills in Physical Theatre
- Employ musicality skills to compose electronic music
- Make a Dancefilm
- Plan a career in the professional dance industry

## Course Information

### 10628NAT Certificate IV Dance Practice for Aboriginal and Torres Strait Islander Peoples



## Full time enrolment

You'll be enrolled in a **full time** course. That means you will come to College every day.

### An overview of a typical week looks like this:

- **Full year course:** Training starts in February and ends in December each year.
- **Days:** Monday - Friday
- **Times:** 8.30am - 4.45pm every day
- **Classes:** Four (4) classes per day plus Warm Up every morning
- **Class length:** 1.5 hours
- **Term breaks:** 2-week break

## Training Locations and Modes

You'll also train in different locations throughout the year.

### On Campus:

- NAISDA Dance College, Kariong, NSW

### Off Campus:

- Each year you'll go on Cultural Residency on Country, alternating between North East Arnhem Land, Northern Territory and the Torres Strait Islands, Queensland.
- You'll also attend excursions, watch live performances and engage in cultural experiences.
- You will perform the End of Year Show in a professional theatre.

### Delivery Modes:

- On campus, off campus, face-to-face and online

## Course Information

### 10628NAT Certificate IV Dance Practice for Aboriginal and Torres Strait Islander Peoples



## What's a year look like at NAISDA?

At NAISDA the year is broken into four (4) terms, following the NSW school holiday dates. Each term is 10-weeks long. At the end of Terms 1, 2, 3 there is a 2-week break. At the end of Term 4 is the Christmas break.

## Overview of a year

| Term   | Months             | Highlights of the term  | Term break         |
|--------|--------------------|---|--------------------|
| Term 1 | February – April   | <ul style="list-style-type: none"><li>• Week 1 – Cultural Residency at NAISDA</li></ul>   | 2-week holiday     |
| Term 2 | May – July         | <ul style="list-style-type: none"><li>• Week 10 – Mid Year Event</li></ul>  | 2-week holiday     |
| Term 3 | July – September   | <ul style="list-style-type: none"><li>• Week 6 - Cultural Residency on Country</li><li>• Weeks 8 &amp; 9 – Assessments</li></ul>  | 2-week holiday     |
| Term 4 | October – December | <ul style="list-style-type: none"><li>• Weeks 6 - 8 - End of Year Rehearsals</li><li>• Week 9 - End of Year Performance</li></ul> | Christmas holidays |

## Course Information

### 10628NAT Certificate IV Dance Practice for Aboriginal and Torres Strait Islander Peoples



#### The official stuff

To achieve the qualification you must complete fourteen (14) core units. If you don't complete the full qualification you will receive a *Statement of Attainment* for the units you have completed.

Some units are delivered across the four (4) terms, others are completed in less. Refer to the chart below for further details:

| Code & Unit of Competency  | Hours | Term 1 | Term 2 | Term 3 | Term 4 |
|--|-------|--------|--------|--------|--------|
| DPRDCK401 Investigate and apply Aboriginal or Torres Strait Islander cultures and dance                        | 60    | x      |        |        |        |
| DPRDCK402 Engage in Aboriginal or Torres Strait Islander cultures and dance on Country                         | 60    |        |        | x      |        |
| DPRDCK403 Analyse Aboriginal and Torres Strait Islander dance styles to enhance cultural dance repertoire      | 60    | x      | x      | x      | x      |
| PDPDCK504 Research My Mob with <i>Dadirri</i> and critical thinking  | 70    | x      | x      | x      |        |
| DPRDTC401 Investigate and apply techniques for contemporary dance and Contemporary Indigenous Dance            | 150   | x      | x      | x      | x      |
| DPRDTC402 Investigate and apply street dance and urban jazz in an Aboriginal or Torres Strait Islander context | 150   | x      | x      | x      | x      |
| CUADAN306 Increase depth of ballet dance technique   | 70    | x      | x      | x      | x      |
| DPRIAP401 Engage in performance and production   | 60    |        | x      | x      | x      |
| CUAWHS301 Condition the body for dance performance   | 60    | x      | x      | x      | x      |
| DPRCSD401 Increase depth of physical theatre skills  | 75    | x      | x      | x      |        |
| DPRCSD402 Increase depth of musicianship skills  | 60    | x      | x      | x      |        |
| DPRCSD403 Direct production of Dancefilm   | 60    | x      | x      | x      |        |
| CUAMCP303 Develop simple musical pieces using electronic media   | 35    | x      | x      | x      |        |
| CUAIND304 Plan a career in the creative arts industry  | 35    | x      | x      |        |        |

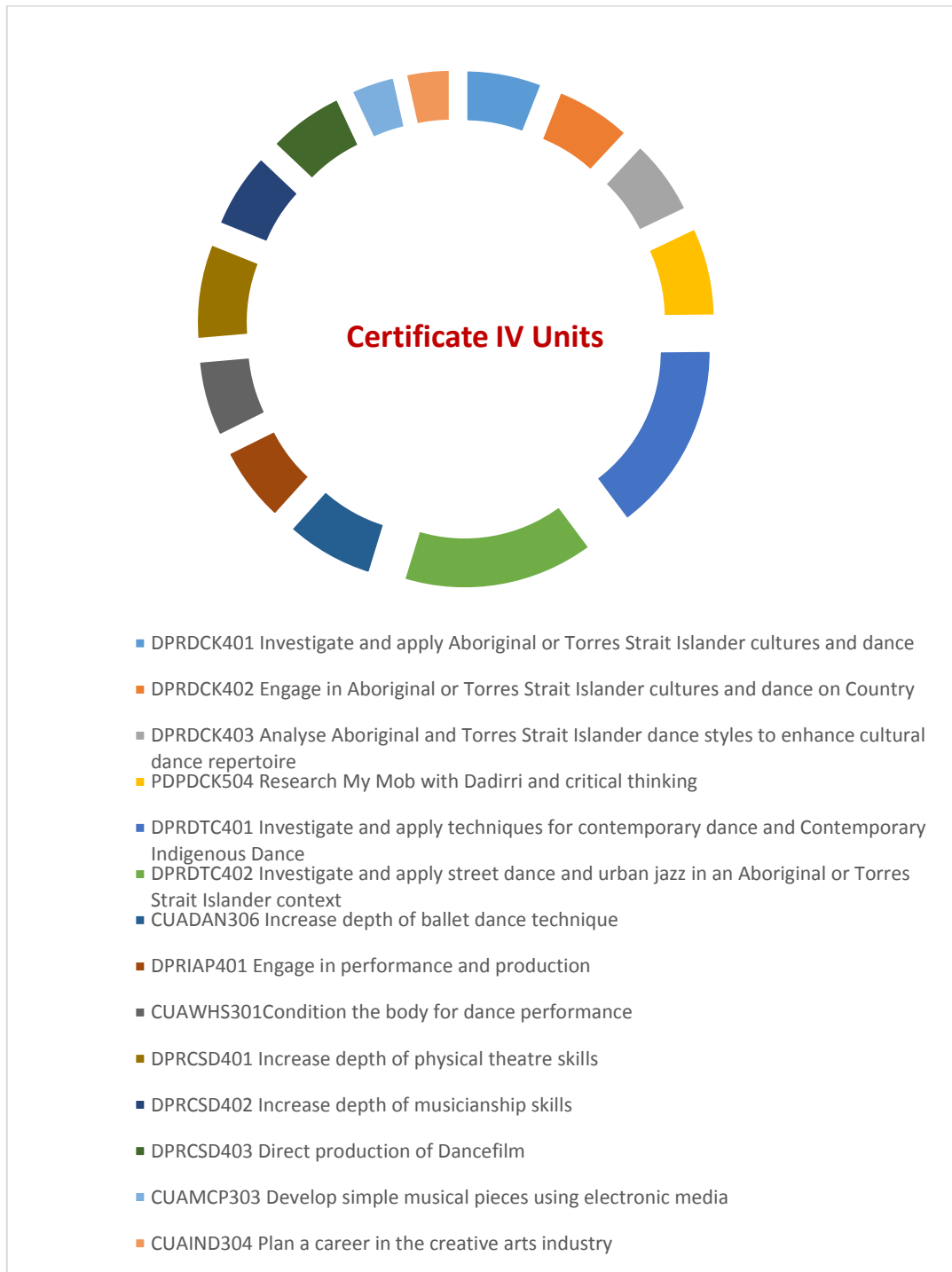
**Notes on Theory:** At NAISDA, 'theory' means the *knowledge* you need to successfully complete each unit. Generally scheduled over Terms 1 & 2, you'll complete a theory task for *every* unit. Theory usually includes research, written work and a presentation. **Notes on the Assessment period:** In the final weeks of Term 3, you'll be assessed on your dance technique, perform routines and your group-devised physical theatre performance. You'll also hand in your Dancefilm, music and any missing theory tasks.

## Course Information

# 10628NAT Certificate IV Dance Practice for Aboriginal and Torres Strait Islander Peoples

## Do I just learn dance?

You'll receive rigorous Cultural and Contemporary dance training, but you'll also learn lots of other skills. You'll make a Dancefilm, write your own music, go on Cultural Residencies, create Physical Theatre performances and begin to Plan a Career in the Indigenous cultural arts industry. Below is an overview of breakdown of hours for the Certificate IV units:



## Course Information

### 10628NAT Certificate IV Dance Practice for Aboriginal and Torres Strait Islander Peoples



#### What's a typical training week look like?

Every week you'll study Cultural Dance, Contemporary Indigenous Dance (CID) technique, Horton technique, Urban Jazz, Hip Hop and Ballet. You'll also do Yoga and Pilates for Body Conditioning. You'll develop your ideas to make a Dancefilm, and compose Music. Some days you'll do theory in the computer room, or research companies and begin to plan your career.

At Mid Year and End of Year you'll move into rehearsal and performance mode – preparing for the Mid Year Event and End of Year Show.

#### A sample of a typical week at NAISDA for Certificate IV

| Time              | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|-------------------|---|--|---|---|--|
| 8.30am – 9.25am   | Gathering<br><br>Fire Circle/<br>Studio 1 and 2     | Body Conditioning -<br>Muscle & Bone<br><br>Studio 1 & 2 | Body Conditioning -<br>Yoga<br><br>Studio 1 & 2                     | Body Conditioning -<br>Muscle release<br><br>Studio 1 & 2 | Body<br>Conditioning -<br>Yoga<br><br>Studio 1 & 2 |
| 9.30am - 11.00am  | Physical Theatre<br><br>Studio 3                    | Contemporary Dance<br>– CID Technique<br><br>Studio 3    | Cultural Repertoire<br><br>Nhangara Barayi –<br>NAISDA Dance Ground | Hip Hop<br><br>Studio 1 & 2                               | Physical Theatre<br><br>Studio 2                   |
| 11.15am – 12.45pm | Hip Hop<br><br>Studio 1                             | Urban Dance<br><br>Studio 4                              | Cultural Dance<br><br>Nhangara Barayi –<br>NAISDA Dance Ground      | Contemporary Dance -<br>Horton Technique<br><br>Studio 2  | Dance Film<br><br>Mac Lab                          |
| 12.45pm – 1.30pm  | Lunch   | Lunch  | Lunch   | Lunch   | Lunch  |
| 1.30pm – 3.00pm   | Contemporary<br>Dance - Theory<br><br>Computer Room | My Mob<br><br>Computer Room                              | Music<br><br>Mac Lab  | Plan A Career<br><br>Mac Lab                              | Urban Dance<br><br>Studio 1                        |
| 3.15 – 4.45pm     | Ballet<br><br>Studio 3                              | Body Conditioning –<br>Pilates<br><br>Pilates            | Contemporary Dance<br>- Horton Technique<br><br>Studio 2            | Ballet Theory<br><br>Computer Room                        | Plan A Career<br><br>Computer Room                 |

#### Further questions?

- Please refer to the Study Guide for further information [https://naisda.com.au/study\\_guide/](https://naisda.com.au/study_guide/)
- Contact: Youth Engagement Officer Celeste Uerata
- Email: [auditions@naisda.com.au](mailto:auditions@naisda.com.au)
- Phone: 1800 117 116