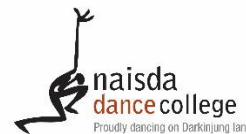


Course Information

10277NAT Certificate III in Dance Practice for Aboriginal and Torres Strait Islander



Welcome

Welcome to NAISDA Dance College, proudly dancing on Darkinjung land.

The **10277NAT Certificate III in Dance Practice for Aboriginal and Torres Strait Islander Peoples** qualification is your first step into the world of professional dance and the creative and cultural arts industries.

Interested?

This course is designed for Aboriginal and Torres Strait Islander peoples between 16-26 years of age who may have some or no dance or cultural training, but have a passion for dance and culture. At NAISDA we call our students 'Developing Artists', or 'DAs' for short, so this course provides foundation skills in dance and cultural studies and supports the development of young professional artists.

Who can apply for the Certificate III course?

- Some may have studied dance at school or after-school dance classes.
- Others belong to their school's cultural dance group, or have performed in community festivals.
- Maybe a couple participated in Bangarra Dance Theatre's '*Rekindling*' programs?
- Some have never studied dance before, but have a passion for it

If you have a love of dance and an interest in studying a wide range of techniques, and are dreaming of becoming a professional dancer, this course is for you.

What will I study?

You will develop introductory skills and knowledge in the following areas of study:

- Learn specific Aboriginal and Torres Strait Islander cultural dance and song
- Study Aboriginal and Torres Strait Islander cultural knowledge systems
- Develop Aboriginal and Torres Strait Islander cultural arts practices and explore the history of NAISDA
- Experience cultural residencies at NAISDA and on Country in remote communities
- Train in contemporary dance forms - Contemporary Indigenous Dance technique, Horton technique, along with Urban Jazz, Hip Hop, and Ballet
- Learn about anatomy and nutrition
- Condition your body for dance training
- Research your own family and Mob
- Explore storytelling skills in Physical Theatre
- Engage in musicality and create your own electronic music
- Make a Dancefilm

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Full time enrolment



You'll be enrolled in a **full time** course. That means you will come to College every day.

An overview of a typical week looks like this:

- **Total Course Hours:** 925 hours
- **Full year course:** Training follows the NSW School holidays and usually begins late January/early February and ends in December, following four (4) terms.
- **Term breaks:** 2-week break between Terms 1, 2, 3 and 4.
- **Days:** Monday - Friday during term time
- **Times:** 8.30am - 4.45pm every day
- **Classes:** Each day begins with a whole-college Warm Up, then continues with four (4) classes per day, with a lunch break between 12.45 pm - 1.30pm
- **Class length:** 1.5 hours

Training Locations and Modes

You'll also train in different locations throughout the year.

On Campus:

- NAISDA Dance College, Kariong, NSW

Off Campus:

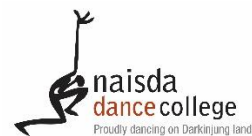
- Each year you'll go on Cultural Residency on Country, alternating between North East Arnhem Land, Northern Territory and the Torres Strait Islands, Queensland
- You'll also attend excursions, watch live performances and engage in cultural experiences
- You will perform the End of Year Show in a professional theatre.

Delivery Modes:

- On campus, off campus, face-to-face and online

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What's a year look like at NAISDA?

At NAISDA the year is broken into four (4) terms, following the NSW school holiday dates. Each term is 10-weeks long. At the end of Terms 1, 2, 3 there is a 2-week break. At the end of Term 4 is the Christmas break.

Overview of a year

Term	Months	Highlights of the term	Term break
Term 1	February – April	<ul style="list-style-type: none">• Week 1 – Cultural Residency at NAISDA	2-week holiday
Term 2	May – July	<ul style="list-style-type: none">• Week 10 – Mid Year Event	2-week holiday
Term 3	July – September	<ul style="list-style-type: none">• Week 6 - Cultural Residency on Country• Weeks 8 & 9 – Assessments	2-week holiday
Term 4	October – December	<ul style="list-style-type: none">• Weeks 6 - 8 - End of Year Rehearsals• Week 9 - End of Year Performance	Christmas holidays

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The official stuff

To achieve the qualification you must complete fifteen (15) core units. If you don't complete the full qualification you will receive a *Statement of Attainment* for the units you have completed.

Some units are delivered across four (4) terms, others are completed in less. Refer to the chart below for further details:

Code & Unit of Competency	Hours	Term 1	Term 2	Term 3	Term 4
DPRDCK301 Explore My Mob through investigation and performance	50	x	x	x	
DPRDCK302 Investigate issues that underpin the development of Contemporary Indigenous Dance	60	x	x	x	
DPRDCK303 Develop knowledge of Aboriginal or Torres Strait Islander cultures and dance	50	x			
DPRDCK304 Develop and apply knowledge of Aboriginal or Torres Strait Islander cultures and dance on Country	50			x	
DPRDCK305 Develop Aboriginal or Torres Strait Islander cultural dance repertoire	60	x	x	x	x
DPRDTC301 Develop contemporary dance skills in an Aboriginal or Torres Strait Islander context	140	x	x	x	x
DPRDTC302 Develop contemporary urban dance skills in an Aboriginal or Torres Strait Islander context	140	x	x	x	x
CUADAN206 Perform basic ballet technique	25	x	x	x	x
BSBCRT301 Develop and extend critical and creative thinking skills	40	x	x	x	
DPRIAP301 Develop performance and production skills	50		x	x	x
CUAWHS401 Apply movement and behavioural principles to physical conditioning	40	x	x	x	x
CUAWHS403 Incorporate anatomy and nutrition principles into skills development	60	x	x	x	
DPRCSD301 Develop and apply physical theatre skills	60	x	x	x	
DPRCSD302 Develop and apply musicianship skills to dance performance	60	x	x	x	
DPRCSD303 Explore and apply Dancefilm skills in an Aboriginal or Torres Strait Islander context	40	x	x	x	

Notes on Theory

At NAISDA, 'theory' means the *knowledge* you need to successfully complete each unit. Generally scheduled over Terms 1 & 2, you'll complete a theory task for *every* unit.

Theory usually includes investigation, written work and a presentation of your creative response to your research – you can choose to present through visual art, dance, music, movement, or maybe an oral presentation.

Notes on the Assessment period

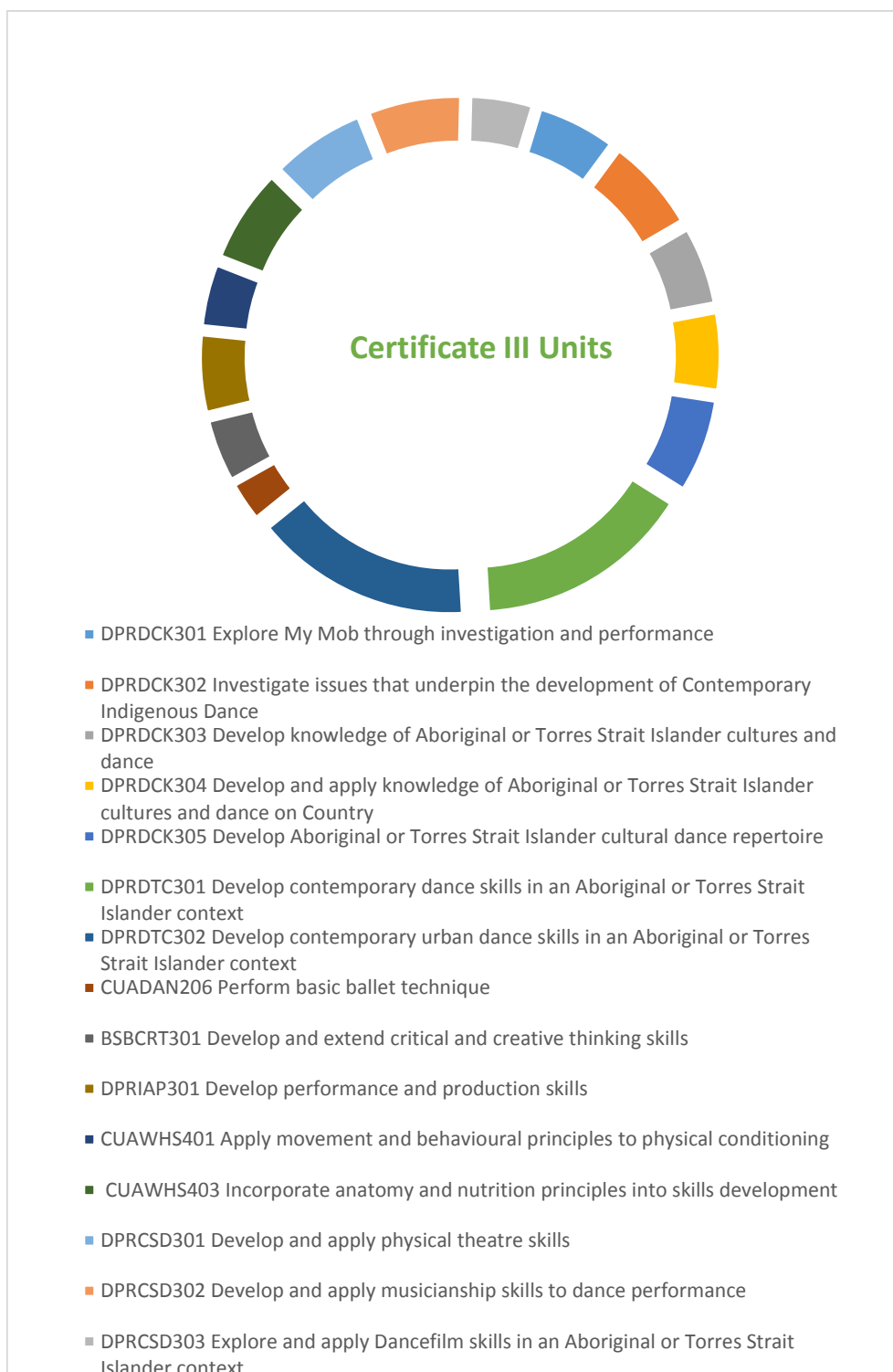
In the final weeks of Term 3, you'll be assessed on your dance technique, perform routines and your group-devised performances. You'll also hand in your Dancefilm, Music and any missing theory tasks.

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Do I just learn dance?

You'll receive rigorous Cultural and Contemporary dance training, but you'll also learn lots of other skills. You'll make a Dancefilm, create your own Electronic Music, go on Cultural Residency, create Physical Theatre performances and more. Below is an overview of breakdown of hours for the Certificate III units:



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What's a typical training week look like?

Every week you'll study Cultural Dance, Contemporary Indigenous Dance (CID) technique, Horton technique, Urban Jazz, Hip Hop and Ballet. You'll also do Yoga and Pilates for Body Conditioning. You'll develop your ideas to make a Dancefilm, and compose Music. Some days you'll do theory in the computer room.

At Mid Year and End of Year you'll move into rehearsal and performance mode – preparing for the Mid Year Event and End of Year Show.

A sample of a typical week at NAISDA for Certificate III

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.30am – 9.25am	Gathering Fire Circle/ Studio 1 and 2	Body Conditioning - Muscle & Bone Studio 1 & 2	Body Conditioning - Yoga Studio 1 & 2	Body Conditioning - Muscle release Studio 1 & 2	Body Conditioning - Yoga Studio 1 & 2
9.30am - 11.00am	Physical Theatre Studio 3	History of NAISDA Studio 3	Cultural Repertoire Nhangara Barayi – NAISDA Dance Ground	Tumbling Studio 1 & 2	Physical Theatre Studio 2
11.15am – 12.45pm	Hip Hop Studio 1	Urban Dance Studio 4	Cultural Dance Nhangara Barayi – NAISDA Dance Ground	Contemporary Dance - Horton Technique Studio 2	Dance Film Mac Lab
12.45pm – 1.30pm	Lunch	Lunch	Lunch	Lunch	Lunch
1.30pm – 3.00pm	Contemporary Dance - Theory Computer Room	Critical & Creative Thinking Computer Room	Music Mac Lab	Music Mac Lab	Urban Dance Studio 1
3.15 – 4.45pm	Ballet Studio 3	Body Conditioning – Pilates Pilates	Contemporary Dance – Release Technique Studio 2	Ballet Theory Computer Room	My Mob - Research Computer Room

Further questions?

- Please refer to the Study Guide for further information https://naisda.com.au/study_guide/
- Contact: Youth Engagement Officer Celeste Uerata
- Email: auditions@naisda.com.au
- Phone: 1800 117 116